



BASKETBALL

Special GUIDELINES AND GROUND RULES

(The International Basketball Federation (FIBA) Rules shall govern the Elementary Basketball except for the amendments introduced and approved in this Special Guidelines and Ground Rules).

I. TITLE: BOY'S ELEMENTARY and SECONDARY BASKETBALL

It is a game specially designed to build a strong foundation in developing basketball awareness among children. It also aims to develop the basic skills and character among young boys aged 13 and below, *providing unique experience for fun, enjoyment, and eventually leading the way to a long term involvement in the sports.*

II. SPECIFIC OBJECTIVE OF THE GAME

To throw the ball into the playmates basket and to prevent the players of the other team from securing the ball or scoring based on fair play and within the spirit and intent of the rules. The games shall be *DEVELOPMENTAL* in nature and approach.

To enhance *camaraderie, goodwill, sportsmanship, discipline, teamwork and other LIFE SKILLS values* inherent in the practice and participation in sports.

III. TEAM (Players, coaches & other team officials)

1. Eligibility

1.1 Based on the Palarong Pambansa Guidelines

2. Team Composition

A team shall be composed of not more than 12 team members and a Coach. Only the Coach shall be allowed to stay within the team bench.

3. Coach

3.1 A team shall be headed by a responsible Coach.

IV. TIMING REGULATIONS

A. For ELEMENTARY:

1. The game shall consist of 4 periods. The first three periods shall be played in 8 minutes and 10 minutes for the 4th period and 5 minutes for every extra period.

B. For SECONDARY:

1. The official FIBA Rules (Rule Four- Playing Regulations; Art. 8- Playing Time) shall apply.

C. For both:

1. The intervals between periods, is one (1) minute while interval between halves is five (5) minutes.

V. PLAYERS' PLAYING REGULATIONS

A. For ELEMENTARY

1. All players of the team must be fielded before the end of the 2nd period or within the 1st Half. *FAILURE of the Coach to field a player in the 1st half shall be penalized with a Technical Foul (2 FT+ BP) charged to the Coach.*
2. All players shall play at least one (1) period BUT not more than three (3) periods and MUST be rested for one (1) period. *If a Coach fielded a player for more than three (3) periods, it shall be penalized with a Technical Foul (2 FT+BP) charged to the Coach.*
3. Normal substitution procedures shall apply in all periods. (Except when certain rule does not apply). A player may enter in a game as a substitute as many times as possible within that period and considered as having played only in that period/quarter.
4. One (1) time-out for every period shall be granted to each team for the first three (3) periods and two (2) time-outs shall be granted in the fourth (4th) period, and one (1) timeout for every extra period. Unused timeouts may not be carried over to the next period. In the first three periods the Timeouts shall either be used or forfeited.
5. In case a team has an incomplete line-up during the scheduled game, the 1st period shall always start with 5 players while the other periods may be played with the remaining members of the team. A team with ONLY seven (7) players (physically present) at the start of the game shall be declared LOSER by FORFEIT.

B. For SECONDARY

1. The official FIBA Rules (Rule 4- Playing Regulations; Art.18-20, Timeouts, Substitution, Forfeit and Default) shall apply.

VI. In case of disqualification

1. A thrown-out player must leave the confines of the play area.
2. A player/coach who is disqualified as a result of a disqualifying foul/ fighting or the like, subject will be automatically suspended. The number of games of suspension shall be determined by the Technical Committee and will be based on the gravity of the act.

VII. RULES OF CONDUCT

1. FOULS

1.1 TECHNICAL FOULS - refer to any unsportsmanlike/disrespectful

Act of players/team members/coaches to fellow players, coaches, officials and assistants such as slashing of neck, Showing of dirty fingers, pointing of accusing finger and trash Talking/uttering of bad words/language and others, which are specified in the FIBA Rules.

1.2 PERSONAL FOULS - involve player contact with an opposing playmate, and which gives an unfair advantage. A player shall not intentionally make any action that will hurt other players.

1.3 FLAGRANT FOULS - excessive contact which may cause or have caused injury to an opponent, such as: a) excessive swinging of elbow; b) throwing a punch; c) tripping; and d) intentional pushing on any player going for a basket.